

BEAUTY SUPPLEMENTS

SARAH J. HARDING

Specialist in scientific communications | United Kingdom

REFERENCES

- 1. Skin Insight: Moving People with Beauty, https://www.skininsight.co.uk/
- 2. Whitehead RD *et al.* Appealing to Vanity: Could Potential Appearance Improvement Motivate Fruit and Vegetable Consumption? *American Journal of Public Health* 2012;102:207–211 (<u>https://doi.org/10.2105/AJPH.2011.300405</u>)
- 3. The Trichological Society. Nutrition and hair health, <u>https://www.hairscientists.org/hair-and-scalp-conditions/nutrition-and-hair-health</u>
- 4. Fletcher J. Nail strengthening tips. *Medical News Today*, August 7, 2019, <u>https://www.medicalnewstoday.com/articles/325974</u>
- 5. https://www.gelita.com/en
- 6. https://atlantiaclinicaltrials.com/
- 7. Statista. Projected market value of beauty supplements worldwide from 2016 to 2024, <u>https://www.statista.com/statistics/943901/beauty-supplements-market-value-worldwide/</u>
- 8. Sarasqueta J. Trends In Collagen, <u>https://www.gelita.com/sites/default/files/documents/2017-05/InnovaMarketInsights_Gelita_Collagen_Presentation.pdf</u>
- 9. https://www.rousselot.com/health
- 10. Dresden D. What to know about vegan collagen. *Medical News Today*, November 17, 2020, <u>https://www.medicalnewstoday.com/articles/vegan-collagen</u>
- 11. Good Face Project. Hyaluronic Acid: Everything You Need to Know, https://thegoodfaceproject.com/articles/Hyaluronic_Acid_guide